



Five things to do with under ones: developing early maths

Use opportunities during the day (feeding, changing, bath time...) to sing and act early counting rhymes like 'Round and round the garden' and 'Two little dicky birds sitting on a wall'.

Make a treasure basket of similar things – spoons/scoops of different shapes and sizes, soft toys, a collection of different containers of holdable size filled with rice/pasta. Aim for at least five items. Your basket can be a basket but could also be a box or a bowl – whatever you have handy.

Play 'peep-bo' with a teddy and a blanket

Play with stacking and nesting toys and everyday objects; plastic cups, measuring spoons, a Russian doll, wooden bricks, toilet rolls.

Talk about what has happened and what is going to happen... 'we changed your nappy and then went to the shop' 'it's time for a bath and then we will have a story'

